



**PARENT
ADVISORY
COUNCIL**



CEDAR HILL MIDDLE SCHOOL SPRING NEWSLETTER

Who is your PAC? You You're the PAC

All parents and guardians of Cedar Hill Middle School children are the PAC.

You have a voice in what the PAC does, how it raises its money and how it spends it.

What does your voice say?



Next Meeting: (DATE CHANGE) March 6th -7:00pm-Cedar Hill School Library



Thank you to the parents that have joined in our PAC meetings so far. Please feel free to join the meetings, **“have your say”** as well as listen to the everyday happenings at Cedar Hill. It is an opportunity to stay informed with what is going on with the school and hear future plans for the school and students.



CEDAR HILL PAC EXECUTIVE COMMITTEE NEEDS

PLEASE: At this time we are searching for a parent to take over the Treasurer role for our PAC. This role cares for our Account Receivable and Payable. It requires regularly attending monthly meetings and only a few hours a month.

PRESIDENT : Nicole Linuzzi VICE PRESIDENT: Joy Wickens TREASURER: Rebecca Jamin SECRETARY: Catherine Dubois MEMBERS AT LARGE: Tara Poilievre, Erica East

Healthy Apples for Healthy Hearts



We want to be part of that fantastic heartwarming feeling when the fruit off the trees is ready for kids' lunches and mom's apple pie! We will be offering for purchase a couple of varieties of apples suitable for eating and/or for baking. Funds earned will be used for PAC initiatives which include supporting physical literacy. Most of us are buying apples anyway, so this is an easy way to support Cedar Hill at the same time. The order form will be sent out shortly!



APRIL- Spring Meat Packages

Spring is in the air. Can you smell that BBQ cooking? An email will be sent out to all parents with another opportunity to **purchase a variety of frozen meat packages**. The product available is local, hormone free, cage free etc.... It is used by many high end retail stores and restaurants on Vancouver Island. This was a great success for Christmas and is a great opportunity to fill your freezer for the holidays with nutritious and delicious meat.

Thrifty Foods and Fairway Market Cedar Hill School cards are very easy to use; just simply load \$ on card prior to purchasing groceries, then use the card for payment over and over again. It does not cost you a thing and all money spent on these cards raises money for the school. Please contact PAC if you are need of a card and we will do our best to get you one.

PAC is happy to offer **“Breakfast Club”**.

This year we asked students to bring their own clean mugs so we could do our part to stay green. We are now asking for some back up mugs for the kitchen. If you have any regular sized mugs kicking around your kitchen that you would like to donate please send to the breakfast club.

Menu:

Monday: Tea and Toast

Wednesday: Tea and Toast

Friday: Hot Chocolate and Toast



Thank you to Cobbs (Shelbourne Plaza) for donating bread. If parents are able to donate tea (preferred brand shown above) or honey please drop off at the office what you are able.

INTERNET/SOCIAL MEDIA SAFETY PRESENTATION

The Cedar Hill PAC will be offering a presentation on Internet/Social Media Safety. Darren Laur has dedicated his life to public safety and has a unique way to reach students about internet safety and also present similar information to the parents. Education is the first step in keeping our kids safer in this technology-driven world. There will be a presentation during school time to the students and the parent presentation will be on

Thursday May 17th 6:30-8:30 in the school gym.

Please take advantage of this free presentation.