

École Intermédiaire Middle School 3910 Cedar Hill Road, Victoria, B. C. V8P3Z9

Principal: Carter Giesbrecht Vice Principal: Petra Eggert

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Dear Parents/Guardians,

Wed. Oct. 3rd, 2017

We will once again this year be having a swim team at Cedar Hill! The club accepts all levels of swimmers with the goals being to have fun and get better at swimming. Swimmers must be able to swim 25 metres independently. Swimming is a sport that is outside of the regular athletic teams at middle school and therefore there is a charge (\$60) to participate. If paying by cheque please make the cheque payable to <u>Cedar Hill Middle School</u>. This cost includes – school team shirt, cap, pool time, coaching, four competitions, prizes and certificates!

As with all school activities, **no student will be denied the ability to participate due to financial hardship. Please see Mr. Giesbrecht if this is a concern.** The swim team will practice one day a week, Wednesday 7:15 am in the morning at Gordon Head pool (please be at the pool by 7 am to be in the pool for 7:15). Our first practice is on Wednesday Oct 10th. Included as well are 4 Sunday/Saturday swim meets during the season (see attached letter).

Students are to arrange their own transportation to Gordon Head Pool and to school afterwards, often students/parents arrange car-pooling once swimmers are registered.

Gordon Head pool requires an adult to be present with the students both before and after the practice. I will usually be able to meet the students, take attendance and supervise before the practice, however, I cannot stay to supervise the after practice change. Any parent also willing to help out with attendance and general supervision would be appreciated.

The attached registration forms need to be completed by all members and returned to Mrs. Reid at school with the \$60 payment before Wednesday, October 10th. Swimmers will not be allowed to participate until all forms are completed and handed in.

If you have any questions please contact Mrs. Reid at school. Looking forward to a great season!

Sincerely Mrs. Kari Reid

PS- Please contact me by email so that I can build a contact list for the season. A phone number where you can be reached would also be helpful, just in case. My school email is kreid@sd61.bc.ca I am in room 107 on the main floor and I teach grade six, feel free to stop by if you are in the school!



Tentative F.A.S.T. Meet Dates (All at Commonwealth Place):

Sunday, November 27th 11am-2pm Sunday, December 11th 10am-1pm Sunday, January 29th 10 am-1pm Saturday, February 25th 10:30am-2pm

The F.A.S.T. meets consist of:

- 25m of each Free, Back, Breast, Fly and Kick, a 50m Free and a 4x25m relay
- A certificate for each swimmer at each meet
- Ribbons at the F.A.S.T. championship meet in February
- A treat for all participants at the end of each meet.

I will need to compile and send a list of meet participants by Friday afternoon prior to each meet. Each child will be entered in all 5 events plus a relay. They are encouraged to swim all of the races but may opt out.

